

# THE ROTARY CLUB OF CUPAR

# BIKE AND HIKE

**1:30pm SUNDAY 14th JUNE 2009**

**AT**

**TENTSMUIR FOREST**

FUN FOR ALL THE FAMILY  
WITH A CHOICE OF THREE CYCLE ROUTES WITHIN THE  
FOREST ON THE COLOUR CODED KINGDOM OF FIFE  
MILLENNIUM CYCLEWAYS OR IF YOU WOULD PREFER A  
WALK THEN FOLLOW OUR MAP AROUND THE FOREST  
PERIMETER

**P O L I O  
P L U S**



**WATER  
AID**

**LOCAL  
CHARITIES**

**HAVE FUN AND RAISE FUNDS FOR  
POLIO PLUS  
WATER AID AND LOCAL CHARITIES.**

**FOR A SPONSOR FORM  
REGISTER ON LINE at [www.rotarycupar.org](http://www.rotarycupar.org)  
OR  
CONTACT ERIC YOUNG OF CUPAR ROTARY CLUB TEL  
01334 653477**